

The Eternal World Picture, Book 5

Symbol No. 45

The Body of the Human Being as a Stellar System

45.1 In connection with this symbol we need to carry out a thought experiment, in which we imagine a human being that has been enlarged so much that it fills our whole sky as far out into space as we can possibly observe. We would then not see a human being, but from a certain viewpoint we would see this image. We would see a stellar system, a human form or the form of a human being out there, but it would consist of solar systems at varying distances from each other, depending on the structures that they form in the organism. It might seem strange that the figure is lying horizontally and that we cannot see any sign of movement. But when it is so enlarged we have to remember that seconds for a macrocosmic being correspond to hundreds or thousands of years for us. Our life is therefore so microscopic in relation to this picture that we cannot see any movement. In relation to the short terrestrial life that we have, the distances are so great that we cannot see the tiny amount of movement that is taking place. This is the reason why the picture seems to be motionless just like the great stellar systems out in space. Even gigantic spirals that are whirling round seem motionless. For as long as human beings have been observing them it has seemed as if they have not moved, despite the fact that they are moving at a great speed. But this is due to the fact that human beings are so small in relation to these gigantic areas. In this panorama the movement that can take place during one earthly life is so small that human beings cannot see it. And it is in this way that we should see the human being as a stellar system out in space.

At this point one might perhaps think that this is all pure fantasy, but it is not. Human beings do in fact look like this from down in the microcosmos. As we have been given the brain, the intellectuality and the ability to use thought for the purpose of forming big things and small things, there is nothing wrong with carrying out this thought experiment. It is something we must do. We must practise being able to go up and down in the macrocosmos and the microcosmos with the intellectuality that we have. The reason we know about the human organism is because we are the life in it. Our consciousness is in the organism; it is in the empty space between the particles. The particles in the diagram are probably more concentrated than they are in reality, but they are only a symbolical representation.

Course lecture 5-1, 1st Dec 1955

45.2 Providence shows us in the night sky what the atomic world looks like, and when human beings have become sufficiently evolved they will be able to understand it. They will then have reached the stage where they are gifted intellectually, that is to say they have the ability to think, so that they are not bound, like animals, to live automatically thinking of only food and caring for their offspring. Human beings also have their copulatory state and also have to find food for themselves, but at the same time a whole new world is under development. It is not an outer world, but something the outer world deposits in their consciousness. It creates mentality and the ability to think, and human beings will begin to have an inner world that is a mirror image of the outer world. This ability to think is the beginning of the ability to sense in the whole universe.

One is not meant to travel in the higher world. One does not travel there; one thinks there. This means that in this world one can imagine even the most distant objects. Here on the material plane, there are only wavelengths, in the sense that one can imagine oneself on it and experience it. One has to begin by imagining one's own organism enlarged so that it has the same size as the starry sky that we have above us. If we imagine a human organism enlarged to that size, we will no longer see it as a human organism, but as a system of radiant particles, in other words as a galactic system. We would see a new starry sky, without the figures and constellations that we are familiar with from our own night sky. We would see other figures from another world, namely from our own microworld. This corresponds to the great macroworld out there, and it forms a special system that we can see in the symbol as a human figure. This picture of our organism is not intended to be an artistic photographic image; it is a symbol. It is not my task to make fine, life-like reproductions; it is my task or mission to make symbols that can express the principles. In the symbol the particles are perhaps more concentrated than in the systems that one can see out in space, but the principle is the same. Scientific research will also be able to confirm that when one imagines the body being so enormously gigantic, one does not see it as a human being, but as an atomic world with particles in an enormous empty space, just as between the stars and the systems out in space there is vast empty space.

If everything is only physical particles, where is that which thinks, experiences and steers the whole and which divides it up in this way, forming it into a human being? According to my analyses, the various systems – the respiratory system, the cardio-vascular system, the digestive system and so on – consist of the various basic energy areas. This is not based on pure fantasy, but on an actual, true sensory experience. We cannot see this with our eyes, but

with our thoughts and our intellectual abilities we can enlarge the human body to such an enormous extent that it appears in an atomic state. All other solid objects, animals and plants will also appear in an atomic state, and we will see the contours of these states in this world.

One may well now ask, "But why is the figure placed horizontally?" And the answer is that in this area what is up and what is down has no meaning. What is up and down to us is not always up and down out in space. In space one decides oneself what is up and what is down. One may well also ask, "Why can one not see any movement? Human beings move; they do not lie still like that." But we have to remember that when we enlarge the human organism to this size, we have also enlarged both space and time. Our earthly life has become so diminished that we will not be able to experience that the figure moved its arm. If the arm moved only up to the head, we would have to experience, down in our size, thousands of lives in order to be able to see it. In just one life we would not be able to see any movement. Therefore out in space neither do we see even the most fantastic, quick movements; to us it looks as if everything is standing still. When the human being's organism is enlarged and can be seen in this large size, the same laws apply. But what we will see is not movements; it is the inner structure.

We can now see that the entire universe constitutes such a stellar system. We can see that for us the atomic world is microscopic; it is just a question of perspective. That is how it has to be, since the principle of perspective includes everything from right down in the smallest state and up to the infinitely large. So, what conclusion can one draw from this? Just as there are figures up in the macrocosmos, there are also figures down in the microcosmos – the cardiovascular system, the lungs, the kidneys and so on. Everything forms figures and systems. We can see a universe full of systems, full of galaxies, and here on the small scale, we have the explanation of what it is that we can see on the large scale, and up on the large scale, we can begin to see that it is the same on the small. So, we have seen that down on the small scale are to be found living beings, and we know that there is a mesocosmos in which we do not see it as particles and empty space but as living, working organisms, as moving, thinking, acting living beings. But in that case up in the large cosmos it must also be a question of living beings, and this realisation brings us very much closer to the solution to the mystery.

What we have therefore observed is physical matter, and that is what is shown in the symbol. We are familiar with the mineral kingdom, the plant kingdom and the animal kingdom, which is where the Earth with the still unfinished human beings are to be found. The mineral kingdom is the lowest

form of life. Movement and change are present in the mineral kingdom, and, even though it takes place slowly, even rocks weather and even the hardest of materials disintegrate in time. We can see that a plant kingdom emerges on Earth and that plants evolve into beings that are such that we cannot tell whether they are animals or plants. They continue to evolve and become animals, and animals continue to evolve and become human beings. We know this. But what we see from here is in fact stellar systems. They consist of atoms. We see it enlarged, we see it in the microcosmos, but there is something more. There is something that experiences with the help of this organism, there is something that experiences with the help of these figures out in space. Where is this something? It is not accessible to the senses. It forms empty space. What we can see is the material world. But empty space also consists of matter; but in this case it is spiritual matter. Spiritual matter forms the spiritual worlds, just as physical matter forms the material worlds. But we now know that the material world consists of living beings that have an I that is to be found behind these atoms.

Out in the macrocosmos we can also see how atoms in the form of suns, stellar systems and so on appear first as heat and then as mists of gas, and the mists of gas become condensed and turn into blazing seas of fire. These seas of fire contain substances that are the same everywhere in the universe, substances that can gradually transform themselves and find expression in various suns, planets and so on. Vegetable and animal life then evolves, a process that we are familiar with from the material plane. Life actually comes from the sun; it comes from the particles of light in space. It is from there that life emerges.

There was a time when this planet had come no further on the physical plane than the state of being a glowing mass of fire, but it has now cooled off sufficiently for us to be able to live on it. Everything has come about gradually, but it came from the mental plane; it came from the empty space. The gateway into the material world is the state of being a sun or the state of being fire. Down in our organism we have these suns or atoms, which are the same kind of energy centres as our sun. What is it that takes place? What takes place is that the mental energy develops, it concentrates as it moves forwards and comes through the atom and into the material plane, in the same way that takes place with the suns in the macrocosmos.

But this world is not everything that exists; there is something outside it. This something is that which is stillness, that which experiences the movements, it is behind the particles of light, the atoms and the solar systems. It is the I in the living beings' organisms. There exists not one single living being that is not inside a macrocosmos. The beings exist inside a larger organism, which also has

an I. No living being can do something without there being a connection between its own I and the I of this macrobeing.

A carpenter, a blacksmith or a painter cannot do anything unless they have the necessary material. The material is not something they are born with; it is not something that is found in the organism. They must get the material from the outside. But how has that come about? It has arisen through a larger I, namely the I behind the large organism that we live in – the Earth's organism. It delivers material to its microbeings, just as we deliver material to our microbeings in us. In this way it is a cooperation. The organisms, the material movement, the functioning of energy all take place in the form of a reaction between our own I and Nature's I. When the rays meet each other our organism arises; it is there that our ability to manifest, think and experience arises.

Course lecture 7-2, 2nd Feb 1956

Symbol No. 46

The atomic world of the human being and the basic energies

46.1 This symbol shows the human being's micro-universe enlarged into a gigantic form as an entire starry sky. We can see that such a stellar system is not only a dark space with some shining suns, but that the basic energies constitute the electrical forces in the empty space between the suns. We can therefore see galactic systems in the form of the system of the brain (green colour) and the system of the heart, lungs and blood (yellow colour), the digestive system (orange colour), the system of intuition (blue colour), the system of memory or the skeleton (indigo colour) and the system of instinct (red colour).

From this we will in due course be able to understand what it is that we can see out in space, since, through the reactions of these stellar systems, we will really begin to see clearly which parts of an organism we are looking at. As we get to know our own insides, we will be able to notice the same things out in the universe. In addition, we will be able to comprehend our own interior as a universe thanks to the familiar night sky that we can see as a universe with dark space and shining suns.

If consciousness exists behind our own universe, there must also be consciousness behind the large universe.

Course lecture 5-1, 1st Dec 1955

46.2 The symbol shows the human being's atomic world and the basic energies. We can see a universe of the brain, a universe of the breathing and the blood, a universe of the digestion, a universe of intuition, a universe of memory and a universe of instinct. The energies that form our thoughts create corresponding physical areas in our organism. We have no overview of things up in the macrocosmos, but God has given us a picture of it so that already down here we can form an understanding of it long, long before we reach that height. Already from where we are, God is telling us what it looks like up there and what it looks like down there. We can now see the thought path, the expansion of consciousness that humankind is now standing on the threshold of. We can understand how this will make us masters of our thought world and thereby masters of life.

Course lecture 5-2, 8th Dec 1955

Symbol No. 47

The healthy human being's organism

47.1 This symbol shows how the human being is built up internally. We are not used to seeing the heart as a living being, and neither are we used to seeing the stomach, the intestinal system and the digestive system as living beings. We are not used to lungs, the respiratory system and the musculature being expressions of living I's. These I's have it as their purpose in life to promote the functioning of the glands, the functioning of the heart, the functioning of the lungs, the formation of the skeleton or whatever else. All of these things must lead back to the fact that there is a plan, and the fact that there is a plan reveals consciousness. Consciousness reveals that there is an I behind it. The living being is therefore much more than we usually think it to be. We are used to the fact that living beings are human beings and animals, that can run about on the Earth, but plants are also living, even though it is only at a later stage that they can begin to move about. And we must get used to the fact that living beings are not only those beings that we have got used to understanding as living. Living beings have all kinds of forms of structure depending on the purpose they carry out in maintaining the universe.

Course lecture 2-2, 27th Oct 1955

47.2 Here we can see how the organism is built up. The red colour symbolises instinct and is an expression of the musculature. Next we see the heart, the functioning of the lungs, breathing and so on, where the yellow colour symbolises feeling, that is to say the energy of feeling and the atoms of feeling. The orange colour in the digestive area stands for the energy of gravity, which promotes the killing principle, and this universe is therefore the being's region of hell, the darkest region in the whole organism. This is a region that will disappear, due to the fact that human beings will no longer need digestion when they eventually arrive at the stage where they are able to eat the perfect food, which means the ripe fruit surrounding a kernel. But human beings cannot live on such food today, since their intestinal system is too extensive. The intestinal system will become very much simpler, but this will be explained in connection with a later symbol. Finally, we have the skeleton, which is symbolised with the indigo colour. The skeleton comes from the same electrical energy that forms our memory.

Course lecture 5-1, 1st Dec 1955

47.3 There is nothing wrong with the organism we see depicted in this symbol. The lungs are fine and have the correct material and the correct atoms of feeling. Neither is there anything wrong with the musculature or the stomach. Everything has the colour and the basic energy that it should have. Everything is in its pure form. It is a being whose way of thinking is in its pure state. To attain this pure way of thinking is no easy matter for the still imperfect human beings; they cannot be like this yet.

Course lecture 5-2, 8th Dec 1955

47.4 Here we can see our own organism and how it is built up. It is not built up in a haphazard fashion. There are areas each of which is manifested through specific electrical forces. Each field has its own special wavelength: the lungs, the circulation of the blood and the functioning of the heart have theirs, the area of the skin and the musculature have theirs, the area of the stomach has its and so on. Everything has its special electrical structure, and later, when human beings have learnt this, they will be able to avoid all illnesses, they will themselves be able to exert an influence with the power of their thinking, which is an electrical force.

Lecture "Death", 12th May 1958

47.5 The symbol shows the healthy human being, where everything is as it should be. The skin and musculature (red colour) are pure. The area of the stomach (orange colour) is also pure, and here is found the energy of gravity, which is where it should be. By nature, the energy of gravity is killing, and as long as human beings are not fully evolved they will have this killing area. The area of the digestion is so to speak the darkness or hell of the organism.

The mineral area or the material of memory (indigo colour) takes part in building up the bones and the skeleton. Illnesses can also be found in the way the skeleton is built up, but here we can see how the human being looks when the basic energies and the stellar systems in the organism are in perfect order.

Human beings cannot use their thoughts to exert a direct influence on outer things, but thoughts are constructed in such a way that they are able to influence the stellar system in the microcosmos, and here they connect with the physical, from where they go on upwards. This is also how the miraculous cures in Lourdes take place. It has been shown that human beings that have to a certain extent been ill or broken down, have become perfectly healthy in an instant. In that case it has taken place with the help of other beings who have been able to think so powerfully into the pathways that it has been possible to create order in the microworld and bring about a cure there. This is still not an everyday occurrence, but it will come about that human beings will be able to keep themselves healthy. In a truly perfect world one cannot have illnesses, hospitals, operations and cancerous tumours. They will not occur on the plane of the perfect human being.

Course lecture 2, 10th May 1962

Symbol No. 48

Illness in the human organism

48.1 The symbol shows an organism with defects that stem from the mental areas. We can see, for example, illnesses in the musculature, where it should be completely red, and we can see that the energy of gravity has come into the area of feeling, where it should be completely yellow. In the area of the digestion where it should be coloured orange there should not be any yellow, and similarly there is illness everywhere. Here we can see an almost completely broken-down body. It would never be as severe as this, because then human

beings could not live at all, but the picture shows many different kinds of defects.

Course lecture 5-1, 1st Dec 1955

48.2 In the stomach area, which should have only the orange colour, there is a great deal of yellow, which should not be there. This is a sign that there is inflammation, gastric ulcers, poor digestion and constipation. A great many weaknesses can arise.

There are so many that I cannot analyse them all in detail, but all human beings will eventually develop cosmic consciousness. There also has to be something for them to discover. The doctors of the future will discover all these things in detail, but here the foundation has been laid. It is the thoughts that are the life-force, which through the atoms become physical matter. It is therefore a question of having thoughts that can form the correct life-force, not thoughts that make the atoms fly away from each other or crash together and explode.

Course lecture 5-2, 8th Dec 1955

48.3 The symbol shows some of the illnesses that can arise in the organism. The blood and lung system (yellow colour) have taken in too much energy of gravity, perhaps from down in the stomach. We can also see illnesses in the area of the skin (red colour) and several other illnesses. Wherever the field is not pure there is an illness.

Down in the microworld one can see these illnesses as explosions. The reason we are placing so much emphasis on the microworld is to enable human beings to understand that it is there that their thoughts can exert an influence. The thought does not have an immediate influence on, for example, a wound. If human beings want to influence a wound, it must be down in the stellar world, and with practice they will gradually be able to do so. By studying these analyses human beings can learn to concentrate themselves into their own stellar world. That is where they have power, and it is there that the thought can exert an influence. We have examples of this in India, where individual human beings have practised to such an extent that they can, for example, cause their heart to stop beating for several days, allow themselves to be buried and so on, and then set it beating again. This is not what one is meant to do; it only shows that it is possible.

Through their ability to think, human beings will learn to regulate and keep their own organism in order. They should do this first and foremost by not wounding and damaging themselves outwardly, and after that they can themselves overcome those illnesses that they catch through infection or by other means.

Course lecture 2, 10th May 1962

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