



Martinus
Institut



Christmas
letter

2025

Dear friends,

No matter where we live on this wonderful planet, most of us experience and can agree that we live in challenging times. Which personal and local challenges we are facing differ of course from person to person and area to area in the world, but in a broad perspective – as mankind and inhabitants of a living planet – we face some great, common challenges relating to climate, our relationship to the other species that inhabit the planet, wars and conflicts and so on.

But how does it look from an even broader perspective? How do our crises and challenges look when seen from what one could call a cosmic perspective? If the universe is fundamentally an infinite and eternal living being, how do the crises and challenges of our time look from its perspective?

On being a joy and a blessing

On 1st July 1962 at the inauguration of the new lecture hall in what was then called Kosmos Holiday Centre (now The Martinus Centre), Martinus gave a lecture in which he stressed, among other things, that “training oneself to see with ‘God’s eyes’ is essential. This will inevitably lead to one becoming a shining and warming sun for those around one. One will feel within oneself this huge desire: *‘I would like to be a joy and a blessing for everything with which I come into contact’.*”

In his life’s work Martinus often uses this formulation or formula to express the essence of the way of being and acting that he would like to inspire. He also does this in, for example, a very short and poetic text on *The Law of Life* (from The Collection of Articles 1), in which he states that the law of existence has in reality only one single paragraph: “You shall be a joy and a blessing for everything with which you come into contact...”

When you are facing great challenges, when you find yourself in dark times and situations, the solution can sometimes be to try to shift perspective, to try to see things in an entirely different way or in a broader perspective (expressed poetically by “God’s eyes”) and to try to do something different and better than one instinctively would do (expressed poetically by being “a shining and warming sun for those around one”).



Construction continues

The lecture hall from 1962 is still standing, and here in 2025 we completed the construction of the new wing with kitchen and storage facilities and inaugurated it. Now it needs to be fitted out with its fixtures and fittings so that we can start using it and make the framework for some of the practical work involved in running the course centre more beautiful and efficient.

During the coldness and darkness of winter we will also start working on making Terrassen a warmer and more pleasant place to enjoy food, socialising and courses all year round. This is a major undertaking, both in terms of planning and all the practicalities involved.

Finances permitting, we will later begin building a new residential pavilion – Pavilion H adjacent to the new storage building – so that we in doing so can

hopefully create the first corner of a more modern, inviting, all-year-round course centre for spiritual science. Whether the finances will permit this is largely a question of how many contributions and donations we will receive from all the people who, like us, feel that this cause and its further development are important and meaningful. In a way one can say that our operating finances live in challenging times and are fragile – but one can also look at it this way: that together we are strong; together we create a strong economy; together we create the foundation for a shining and warming, physical and spiritual centre in the middle of what can be rather dark and cold times.

The value of a world view

Thus we see one of our most important tasks is to try to promote a view of the world that can provide new energy, in-



The lecture hall at Martinus Centre, Klint in winter, 1985.

Photo: Willy Kuijper

spiration and hope in challenging times. Practical experience has shown us that a world view like Martinus' spiritual science can do precisely this. Martinus' analyses of life, fate, evolution and the future helped countless people to get through the second world war, the cold war and other great and small crises and challenges with greater courage, optimism and industry than they otherwise would have.

In the article *Christmas Eve and New Year's Eve* written in 1960, he writes that these two evenings are, from a cosmic point of view, festive evenings for two great, fundamental principles in the eternal, all-embracing world order: the principle of love and the principle of immortality.

Love and immortality. Two strong values to lean on in the middle of the coldness and the darkness.

Through joint effort

In his lecture during the inauguration of the new lecture hall in 1962, Martinus mentions several times the cooperation, fellowship and enormous helpfulness that made it possible to build it within the financial framework, the work starting in cold, frost, rain and darkness.

As 2025 now draws to a close, it is also a time of cold, frost, rain and darkness, but the year has also been characterised by the energy, light and warmth of all the people whose joint efforts have made it possible to run and develop a modern, spiritually scientific

course centre, institute and museum. With this letter we would like to send our heartfelt thanks to everyone who has lent a helping hand during the year. This great life-education project is something we do together through our combined efforts. In a common spirit, if you will.

In order to promote cooperation and a common spirit, we have made a brochure about our way of working together. In it we have tried to explain and communicate how we believe that we, with mutual help, can make our stay, our work and the time we spend together as good and enriching an experience as possible for everyone.

The council also visited The Martinus Cosmology Foundation in Stockholm, which was a source of great mutual joy and inspiration for our cooperation on a cause we work for through joint international efforts. In the years to come we aim to visit more of the organisations that work for the same cause as us.

The body in the cosmos

One of the challenging things about being human beings in a world such as ours can be the experience that we are fragile and mortal bodies that live in a changing and crisis-ridden society, in a fundamentally dead universe or cosmos governed by impersonal natural laws in combination with chance occurrences.

But what if this is not the whole truth about life, the human being and the universe?

How realistic and dominating the above experience or the world view can appear to be, there is absolutely nothing scientific or philosophical

to prevent it from being only one of several possible views of reality. One need not feel naïve or unrealistic if one sees more value in an entirely different world view.

As, for example, the view that we are indeed mortal bodies in a changing society, living on a planet in an incomprehensibly large universe. But it is possible that we are more than these bodies, and that this “more” survives death and returns in a new life, now a little cleverer and more loving; that the conditions of societies are fundamentally evolving towards more humane conditions based on necessary mistakes and experiences; that the universe or cosmos is actually an infinitely clever, loving and powerful living being that here and now is profoundly engaged in the life and work of every single living being.



Viewed in this broader perspective, it suddenly makes sense to try to develop one's contact and correspondence with this, the greatest of all living beings that, in a strange way, is at the same time the being in existence that is closest to every single one of us because it, in a way, shares our vantage point in life (the I) and our experience of life: that we are never actually alone in our experiences and challenges, the Godhead being always with us on our way through life, even if most of us do not experience this as such for the moment. In a way one can say that we in the council are working on giving the body and the cosmos the opportunity to thrive and unfold optimally within the framework for which we have responsibility: that one as a course participant or coworker can be served healthy, tasty food for the body and good accommodation to live and study in, while one explores the cosmic analyses and the greater perspectives around the human being, life and the universe.

Christmas unleashes the good within us

"All year round people have so many material and egoistic wishes that demand to be fulfilled that the goodness in their nature is, so to speak, compressed by the pressure of all these wishes. But Christmas has the effect that the goodness in people prevails for a short while. The compressed demand for humaneness is aired and manifested in a desire to be loving, to do something for others, to give presents" writes Martinus in the article *The Christmas Star* during the second world war.

Basically, we are thus more loving and powerful beings than we seem to be during daily life, and, strangely enough, the good in us is unleashed particularly here at Christmastime, in the midst of the darkness and coldness, in the midst of challenging time.

If, in the new year, you find joy and inspiration in supporting the work for our common cause, there are several ways you can do so: by making a financial contribution; by taking part in courses; by buying books and subscribing to our magazine *Kosmos* and by helping out in connection with the Institute's and Centre's many activities (read more about being a volunteer under "Support us" on martinus.dk.)

We wish you all a very merry Christmas and a happy New Year!

Loving greetings from the Council:

Kenneth Ibsen
Micael Söderberg
Ingvar Haubjerg Nielsen
Arendse Plesner
Thomas Størup
Marie Kryger



Donations to the Martinus Institute

If you would like to support us, you can do so by sending a donation to Fonden Martinus Åndsvidenskabelige Institut (The Martinus Institute of Spiritual Science Foundation) in one of the following ways:

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