# Information about COVID-19 for participants from outside of Denmark in courses at the Martinus Centre, Klint

We are very much looking forward to welcoming you to the Martinus Centre, Klint, which reopens for courses on 21st May 2021.

We follow the Danish Health Authority's instructions regarding COVID-19, which you can read more about below. If you have questions or would like further information, you are welcome to contact us by phone on +45 38380100 or by e-mail: info@martinus.dk.

You have, of course, a full money-back guarantee should we need to cancel a course. The same applies if you would like to cancel your booking if, for example, you are not allowed to enter Denmark at that time. You can therefore safely enrol for a course.

## Rules on entry to Denmark

The Danish Health Authority has divided the countries of the world into three categories: yellow, orange and red. At present, all countries in the EU and the Schengen area are categorised as orange countries. This means that, if you are a citizen of one of these countries, you can come to Klint and participate in our courses only if you are fully vaccinated against COVID-19 (or if you meet the Danish criteria with regard to having another worthy reason for entering Denmark).

NB: For the moment you may not enter Denmark from countries other than the EU and Schengen countries to participate in courses or to do voluntary work in Klint. These rules are, however, under constant review. Potential course participants and volunteers from, for example, the UK are encouraged to keep themselves up to date with any changes in the rules.

Read more about requirements for entry to Denmark here: <u>If you have been vaccinated against</u> COVID-19

Read more about the categorisation of countries here: Categorisation of countries

The rules are of course subject to change. On the Danish website coronasmitte.dk you can read more about COVID-19 and the rules that apply in Denmark. The information is also available in English at <u>en.coronasmitte.dk</u>.

## Hygiene and face masks

• Remember to use a face mask or a visor where this is required in Denmark, such as in our restaurant and in the lecture hall. Wearing a face mask is mandatory when walking or standing, but not when sitting down.

- Hand sanitiser is available in the places where many people gather.
- We will increase our cleaning staff during all our courses. Remember the five main rules: Wash your hands or use hand sanitiser, cough or sneeze into your elbow, keep your distance and avoid physical contact, and be extra particular about cleaning.



#### Corona passport

- You are required to show a Danish corona passport or the equivalent when you take part in courses and attend lectures and study groups at the centre. Please show it to a member of staff at the entrance to the lecture hall/study room.
- Your corona passport serves as documentation that you have either been vaccinated or that you have had a negative corona test taken not more than 72 hours before attendance. If you have documentation that you have been vaccinated, this is valid as a corona passport and you will not need to be tested.

As a foreign tourist in Denmark, you can be tested free of charge at any Danish test centre (see below). You will need to show your national passport. After testing, you will be given your test result on a form.

There are two local test centres in Nykøbing Sjælland: Nordgårdshallen (by the swimming pool) and Badmintonhallen (the badminton courts). If you need help with transport to Nykøbing, this can be arranged by the centre.

Nordgårdshallen (PCR test): A Ladingsvej 1 4500 Nykøbing Sj.

Opening hours:

Monday-Friday 8am-6pm

Badmintonhallen (quick test): Savværksvej 1A 4500 Nykøbing Sj.

Opening hours: Saturday, Sunday and Wednesday 9am-7pm

Here you see a map of COVID-19 test centres: COVID-19 test centres

• If you experience corona symptoms or if you become ill during your stay here, please isolate yourself and, if possible, travel home.

### Distance requirements

- We have adapted the conditions at the centre in accordance with current rules for social distancing, among other things. In the lecture hall, there can be about 100 people with a minimum distance of 1 metre between them. As a course participant, you are guaranteed a seat in the lecture hall, while anyone else can take part if there are seats available.
- We will live-stream all lectures to those who may not be able to be present in the lecture hall. You can watch the lectures on a large TV screen in the restaurant *Terrassen*. Of course, you can also follow the live broadcasts on your own computer, phone or tablet. See the lectures online.
- Depending on the weather, some of our evening events may be held outdoors. In this way, everyone can take part.

#### Meals

- You may eat your meals either inside the restaurant *Terrassen* or outside in the restaurant garden, where there are tables and chairs. You may also take your meal to your accommodation in Klint.
- If you would like to eat indoors in the restaurant *Terrassen*, you will have to present a corona passport or equivalent documentation (see above). You will not need to do so if you eat outdoors or if you only want to use the toilets in *Terrassen*.

12th May, 2021

The above rules can of course be changed. We will do our best to keep you updated via newsletters and social media; you are also advised to look regularly at martinus.dk, which we update regularly.

We are confident that we will have an inspiring summer together, despite the challenges that corona presents us with. We will do our best to create a safe environment for you and look forward to a wonderful summer here at Martinus Centre, Klint.

The Martinus Centre, Klint

Feel free to contact us if you have any questions or would like further information:

Email: info@martinus.dk.

Phone: +45 38 38 01 00, Monday-Thursday at 9 am-12 noon.

Address: The Martinus Centre, Klintvej 69, Klint, DK-4500 Nykøbing Sjælland, Denmark.