



Martinus
Institut



Christmas
letter

2024

Dear friends,

In Martinus's spiritual science, the fact that things move in cycles is a recurring theme. Life and the energies move in large and small cycles, and, as living beings, we live through a series of alternating phases, each on a slightly higher level, enriched by the experiences that we have had along the way.

In this way life is at one and the same time a rhythmic repetition, a cycle and an eternal upward evolution towards ever new horizons of experience: an ascending spiral. Here and now in our part of the world we have arrived at the culmination of darkness in the cycle of the seasons. For many living beings it is the most difficult and toughest phase to get through, and it can be difficult to see what the point of winter, night, darkness and cold is. Why can't life be just sunshine and summer?

“If people lived in an eternal summer, the forces of Christmas would never function or unfold as they do now. People would never get to know themselves. They would continue living in complete ignorance of their own highest self, their own I... We have thus in reality a wider view in the darkness of the night than in the clear light of day. Thus, we

begin the experience of a whole new horizon during the night. It is thus during the night that we experience eternity, while in the light of day we experience temporality.” (Martinus: Light in the Darkness, Danish edition of Kosmos no. 12, 1997)

In the light of eternity

One of the great joys and inspirations Martinus's spiritual science provides is that it gives us the possibility to see things – the joys and sorrows of daily life, the darkness and cold of winter – in a greater and much more meaningful context. With Martinus's help we can, so to speak, see things in the light of eternity.

The possibilities of understanding the world and acting in it on the basis of a spiritually scientific world picture can perhaps best be understood as a contrast to living and acting on the



basis of a purely materialistic world picture. In such an interpretation of existence, nature is dead and mechanical, cold and competitive, and life is short with any meaning other than that which the human being itself manages to give it.

We members of the council see it as our foremost task to promote opportunities to meet, study and explore Martinus's spiritually scientific world picture in the temporal world of today, characterised as it is by materialism, conflicts and significant problems in relation to nature, the environment and climate, among other things. From the perspective of eternity, we live at the moment all over the planet in a kind of cosmic winter state in which mental darkness dominates and is being lived out.

There is therefore all the more need for the opportunity to meet and explore

a more radiant and warming view of human beings, life and the universe: spiritual science.

What are we doing here and now?

In the council we are working with both long-term strategies and more short-term plans and priorities, such as how we use our finances, resources and opportunities in the best possible way here and now, and how we create the best possible basis for the continued existence, well-being and growth of spiritual science in a long-term perspective.

One of our most important priorities is to make progress with the building up of an all-year-round study environment at the Martinus Centre, Klint – a vibrant and inspiring course centre that can also be experienced as light, warm and inspiring in the middle of the coldness and darkness of the winter months.



“Cutting the first turf” for the new building on 15th October. In the foreground: Council member Thomas Størup and a representative from the building contractor EBH Byg.

On Tuesday during the autumn holiday the first turf was cut for the kitchen and storeroom building, and the plan and hope is that most of it will be ready for use in the summer of 2025. As far as our finances permit, we will at the same time begin renovating the rest of the kitchen and the various rooms in Terrassen with a view to making them even more functional, cosy and warm. This will result in us creating a main axis housing primary functions – in the form of reception, an office building, a café, a restaurant, a kitchen and a new storeroom – in a warm and well-functioning all-year-round course centre.

Any financial and practical help and support that those who are interested might feel joy and inspiration in giving during this building phase will be received with heartfelt gratitude. As

in so many other areas, this is something that we do together in the service of a higher purpose. The more financial and manual support we can mobilise together, the further we can get – even here in the depths of the cosmic winter darkness.

Dialogue and cooperation

In the council we are also focusing on promoting dialogue, visibility, information and transparency. After all, the promotion of a light and warming spiritually scientific world picture here in the middle of materialism’s darkest midnight hour is something that we can achieve and cause to grow and develop only through a joint effort.

We need one another’s ideas, initiatives, experiences, questions, critical reflections, listening ears and practical

hands to use and develop the opportunities we have to promote the cause of spiritual science.

During the autumn voluntary work week at the Martinus Centre, the council had an evening during which we discussed and provided information about some of the things we are working on. On this evening the focus was on the new building and on cooperation within the Cause, and in the coming year we will continue to work on how we can promote cooperation and dialogue to an even greater extent, among other things.

“And just as there is a profusion of people’s lit physical Christmas lights that illuminate and enliven their physical lives in the darkness of winter, so shall every single human being on Earth have its fire of love lit and, as a living Christmas light of the Godhead, sparkle and radiate the light and warmth of its heart to everyone.” (Martinus: The Christmas Lights, from the book “The Creation of Consciousness”, article 3)

At the Martinus Institute in Frederiksberg, Copenhagen and at the Martinus Centre in Klint we will try to create an environment for study and work with physical and organisational frameworks where modern, individualistic, critically thinking and versatile, gifted people can each find light and warmth. Perhaps they at first recharge their batteries with new inspiration and zest for life, and later, in the longer term – each with his or her unique combinations of talents, interests and energies – they find their own way to light up and bring warmth to the world.

What will the future bring?

Just as darkness currently characterises a large part of the world, the future can also be said to lie in darkness. We cannot with any certainty say what will happen in the new year and beyond. But we can hope for the best for all of us. One can perhaps also go a step further and say that we have reason – indeed, several good reasons – to hope for the best in the long term. Martinus’s collected works constitute one long, logically cohesive, well-argued series of reasons for optimism. Or, if you choose to look at it in this way, for mental or spiritual light in the darkness.

If we were to emphasise in this Christmas letter a single element in the beautifully cohesive world picture that is Martinus’s life’s work, it could be the thought of the living universe. Regardless of whether one believes that it works or not, one can use prayer





and meditation to turn inwards with everything one has on one's mind or heart to "Thou who art in Heaven" (the being that constitutes the living universe).

And, surprisingly enough, this being will focus its consciousness on the slightest sigh from even the smallest being and do what it can with its infinite resources of power, love and wisdom to encourage, inspire and support every single one of us on our way out of the darkness and into an inconceivably light future.

Time for gratitude

Even though we live in the cold and darkness, we can all the same find a reason to be happy and grateful. We who currently sit on the council would certainly like to express our profound

joy and gratitude to and for all of you who – each in his or her own way and to various extents – contribute to our common cause having the possibility to germinate, grow and continue to thrive.

Thank you for all the washing up. Thank you for all the lectures. Thank you for all the editorial work. Thank you for taking care of the park, gardens and flowers. Thank you for all the administrative work. Thank you for taking part in courses and events. Thank you for cooking. Thank you for cleaning. Thank you for all the tradespeople's work and all other voluntary work. Thank you for questions, comments and debates. Thank you for our shared exploration of spiritual science. Thank you for everything!

Help and support in the new year

If in the new year it would bring you joy and inspiration to support the work for our common cause, there are several ways you can do so: by making a financial donation; by taking part in courses, buying books and subscribing to the magazine Kosmos; and by helping out in connection with the Institute's and the Centre's many activities (read more about volunteering under "Support our work" on martinus.dk/en).

Best wishes from the Council of the
Martinus Institute:

Kenneth Ibsen
Jens Christian Hermansen,
Micael Söderberg
Ingvar Haubjerg Nielsen
Arendse Plesner
Thomas Størup



Christmas tree at the home of Sysse and Tage Buch 1960-1969. Photo: Tage Buch.

Donations to the Martinus Institute

If you would like to support us, you can do so by sending a donation to Fonden Martinus Åndsvidenskabelige Institut (The Martinus Institute of Spiritual Science Foundation) in one of the following ways:

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Payment card::	https://www.martinus.dk/en/make-a-contribution/

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